NEWS AND PUBLICATIONS 2016 THROUGH AUGUST 2019

News


*Med students take a spin in the kitchen to teach healing through food*. Greenville Tech partners with USC School of Medicine Greenville. July 2018

*Schools push lifestyle medicine to boost chronic-disease prevention* AMA Wire

*ACPM Hosts Briefing on Lifestyle Medicine: “Transforming Medical Education to Prevent Chronic Disease”*. American College of Preventive Medicine (ACPM)

*Would you like to win a 50,000 prize to fund research that impacts active health of North Americans?* McGill University

*Experts in Prevention and Behavior Coaching to Introduce First-of-its-Kind Lifestyle Medicine Curriculum for Physicians* Press Release

*Doctors not taught to discuss diet, nutrition with patients* Chicago Tribune

*Medical Schools Recognize Importance of Lifestyle Choices* AAMC Reporter

*USC School of Medicine Greenville, Harvard host Lifestyle Medicine Think Tank* USC Times

*Exercise Is Medicine: An Rx for a Better America* Huffington Post

*Dare to Be 100: Lifestyle’s Time* Huffington Post

*Doctors as Coaches, Giving Up the High Horse* Center for Advancing Health Blog

*Dr. Rani Polak: Chef & Fellow of Harvard’s Institute of Lifestyle Medicine* The Wellness Coach – Blog Talk Radio

*Think tank meets to change patient behavior* The Greenville Journal

*The Value of Lifestyle Medicine* Transforming Medical School Blog

Publications

An Urgent Need to Incorporate Evidence-Based Nutrition and Lifestyle Medicine Into Medical Training.


A web-based lifestyle medicine curriculum: facilitating education about lifestyle medicine, behavioral change, and health care outcomes

Family physicians prescribing lifestyle medicine: feasibility of a national training programme

Advancing Lifestyle Medicine Education in Undergraduate Medical School Curricula Through the Lifestyle Medicine Education Collaborative (LMEd).
American Journal of Lifestyle Medicine. December 2016. Jennifer L. Trilk, PhD, Dennis Muscato, MS, Rani Polak, MD

Lifestyle medicine course for family medicine residents: preliminary assessment of the impact on knowledge, attitudes, self-efficacy and personal health

Lifestyle medicine curriculum for a preventive medicine residency program: implementation and outcomes.

Including Lifestyle Medicine in Undergraduate Medical Curricula

Lifestyle Medicine Education

Lifestyle medicine potential for reversing a world of chronic disease epidemics: from cell to community.

Physical activity counseling in medical school education: a systematic review.

A Parallel Curriculum in Lifestyle Medicine

Bridging the gap—planning Lifestyle Medicine fellowship curricula: A cross sectional study.