**CHEF Coaching Course Guide**

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|  | **CHEF Coaching – The Basics**  **(Part 1 of 2-Part Course)** | | **CHEF Coaching – Beyond the Basics**  **(Part 2 of 2-Part Course)** | | | **CHEF Coaching – Basics + Beyond the Basics** |
| **Course Title**  **(click link for registration page)** | [CHEF Coaching - The Basics](https://www.bit.ly/EnduringMaterial_HMS) | [CHEF Coaching –](https://lifestylemedicine.hmscme.com/)  [The Basics as part of](https://lifestylemedicine.hmscme.com/)  [Tools for Promoting Healthy Change Conference](https://lifestylemedicine.hmscme.com/) | [CHEF Coaching - Beyond](https://www.bit.ly/CHEFBeyondBasicsJan2024)  [The Basics](https://www.bit.ly/CHEFBeyondBasicsJan2024)  [January 2024](https://www.bit.ly/CHEFBeyondBasicsJan2024) | [CHEF Coaching - Beyond](file:///Users/mjpetchel/Desktop/CHEF/D10http:/www.bit.ly/CHEFBeyondBasicsApr2024)  [The Basics](file:///Users/mjpetchel/Desktop/CHEF/D10http:/www.bit.ly/CHEFBeyondBasicsApr2024)  [April 2024](file:///Users/mjpetchel/Desktop/CHEF/D10http:/www.bit.ly/CHEFBeyondBasicsApr2024) | [CHEF Coaching - Beyond](http://www.bit.ly/CHEFBeyondBasicsJuly2024)  [The Basics](http://www.bit.ly/CHEFBeyondBasicsJuly2024)  [July 2024](http://www.bit.ly/CHEFBeyondBasicsJuly2024) | [Clinicians CHEF Coaching: The Basics + Beyond The Basics](https://www.bit.ly/CHEFCoaching_SRH) |
| **Dates** | Ongoing  Self-Paced | June 6, 2024 | Jan 8 – Feb 9 2024 | Apr 1 – May 3  2024 | July 8 – Aug 9  2024 | Starting Sept 9, 2024 |
| **Sponsoring Organization** | Harvard Medical School | Harvard Medical School | Harvard Medical School | | | Spaulding Rehabilitation Hospital |
| **Mode of Delivery** | Online, Pre-recorded Lectures | Online, Live Streamed Lectures | Online, Live Streamed Small-Group Practice Sessions | | | Online, Live Streamed Lectures + Small-Group Practice Sessions |
| **Cost** | $270 | $350 Workshop Fee | $495 | | | $990 |
| **Certificate of Completion** | Must also complete Beyond the Basics within 3 years | Must also complete Beyond the Basics within 3 years | With past completion of or in conjunction with The Basics | | | Yes |
| **CME Credits (ABLM/IBLM Maintenance of Certificate Approved)** | 5.25 AMA PRA Category 1 Credits | 6.75 AMA PRA Category 1 Credits | 7.50 AMA PRA Category 1 Credits | | | None |
| **National Board of Health & Wellness Coaching** | None | None | None | | | 15 CE Credits |
| **Wellcoaches** | \*See Beyond The Basics Note | \*See Beyond The Basics Notes | \*18 CE Credits – with completion of The Basics in either mode of delivery | | | 18 CE Credits |
| **Academy of Nutrition & Dietetics** | None | \*See Beyond The Basics Note | \*15 CE Credits - with completion of The Basics as part of Tools for Promoting Healthy Change Course | | | 15 CE Credits |
| **American Culinary Federation** | None | None | None | | | 15 CE Credits |